

Advancing the understanding, acceptance and accessibility of animal-assisted services for those in need.

Animal Therapies Ltd (ATL) is a national health promotion charity and the lead organisation for the animal-assisted services sector.

ATL connects and provides funding for animal-assisted mental health support for the most vulnerable and disadvantaged, making a difference to individuals and families who would otherwise 'fall through the cracks'.

Many of those we assist have no other options available to access the help they need to get well. Animal-assisted therapy involves a series of sessions with a qualified practitioner (eg: counsellor, psychologist) working alongside an animal, often as an 'intermediary'. Examples include horses, dogs, cats, guinea pigs, birds, farm animals and others.

Research highlights the power of human-animal interactions and the positive impact this has on the mental health and wellbeing of individuals and communities.

Who we help

The animal-assisted services sector is rapidly growing to meet the varied mental and physical health needs of our communities.

ATL helps hundreds of children, young people and adults to become more selfreliant, able to thrive and improve their life by giving them the skills to manage their mental health, disability, illness, disease and adversity.

For further information visit: www.animaltherapies.org.au email: info@animaltherapies.org.au

























Join our National Directory

The ATL online National Directory is a vital service. It's a referral point for those wanting to access an animal-assisted service practitioner in any Australian state or territory, or who would like to access training opportunities to either begin or further their work in the sector.

Who can register in the National Directory?

Animal-assisted practitioners, professionals, researchers and others who are aligned to the sector and agree to abide by the ATL Codes of Ethics and Conduct are welcome to register.

Join our National Directory here: www.animaltherapies.org.au/list-in-directory



Members help contribute to the future of this young, fast-growing and dynamic sector.

As a financial member, you will have access to a comprehensive portal of Australia-wide information for the animal-assisted services sector, training, professional development, events, articles, research, national conference (discounted attendance), careers and more.

Scan the QR code above to sign up or visit: www.animaltherapies.org.au

How you can help ATL

ATL need donations so we can connect those in need with animal-assisted services.

It costs on average \$1,000 for approx 6 sessions to support the health and well-being of one person in need with a qualified animal-assisted practitioner who is listed in the ATL National Directory.

ATL does not receive government funding for the delivery of services.

DONATEvia our website

